

JUNE 2017

ACS MIDDLE SCHOOL LUNCH GRADE 6-8 \$2.25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The Romans called June "Iunius" or Junius, but it is unclear whether this was after Juno, goddess of marriage, or whether May and June were named for the old and young: 'maiores' and 'juniores'.

5

Buffalo Style
Chicken Finger Sub

Shredded Lettuce
& Sliced Tomato
Sauteed Spinach
Rosy Pears
Fresh Fruit Bowl

6

Warm Ham & Cheese
on Pretzel Bun
w/ Sunchips

Homemade Chili w/ Beans
100% Fruit Juice
Fresh Fruit Bowl

7

Popcorn Chicken
w/ Biscuit

Steamed Broccoli
Pineapple Tidbits
Fresh Fruit Bowl

8

Baked Spirals
in Homemade Sauce
w/ Cheesesticks

Tossed Green Salad
w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

9

Breakfast at Lunch

French Toast Sticks
w/ Warm Syrup & Sausage

Hash Brown Potato
Cinnamon Applesauce
Fresh Fruit Bowl

12

Stuffed Cheese Sticks
w/ Marinara Sauce

Glazed Carrot Coins
Mixed Fruit Cocktail
Fresh Fruit Bowl

13

Build-a-Burger
w/ Cheese

Lettuce, Tomato,
Onion, & Relishes
Baked French Fries
100% Fruit Juice
Fresh Fruit Bowl

14

Pepperoni Pizza Sub

Corn
Peach Cup
Fresh Fruit Bowl

15

Chicken Parmesan
w/ Side of Pasta

Tossed Green Salad
w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

16

Breakfast
7:30- 8:30 A.M.

19

Breakfast
7:30- 8:30 A.M.

20

Breakfast
7:30- 8:30 A.M.

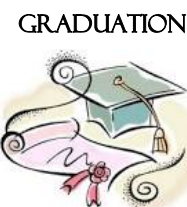
21

Breakfast
7:30- 8:30 A.M.

22

*Have a Safe
Summer!!!*

23



GRADUATION

26

*Have a Safe
Summer!!!*

27

*Have a Safe
Summer!!!*

28

*Have a Safe
Summer!!!*

29

*Have a Safe
Summer!!!*

30

*Have a Safe
Summer!!!*

A LA CARTE

Offered Daily: Cheese Pizza,
Peanut Butter & Jelly, Salad Plate,
Yogurt Plate, Fresh Fruit in Season.

*Milk is available with all
full lunch purchases.

Milk\$.60
Cookies.....\$.50
Lg. Cookies..... \$1.00
Ice Cream.....\$.75
Chips.....\$.75

*Unless otherwise noted, all
sandwiches are served on whole
wheat bread (when available).

The 2010 Dietary
Guidelines For
Americans recommend
that at least half of
your grains are whole.
For most people, that
translates into at least
48 grams daily.



**USDA is an equal
opportunity employer.**

**After School Snacks
are available every
Monday thru Thursday
in the High School
Cafeteria
(last day for this year
is June 8th)**

**Middle Schoolers are
Welcome!!**